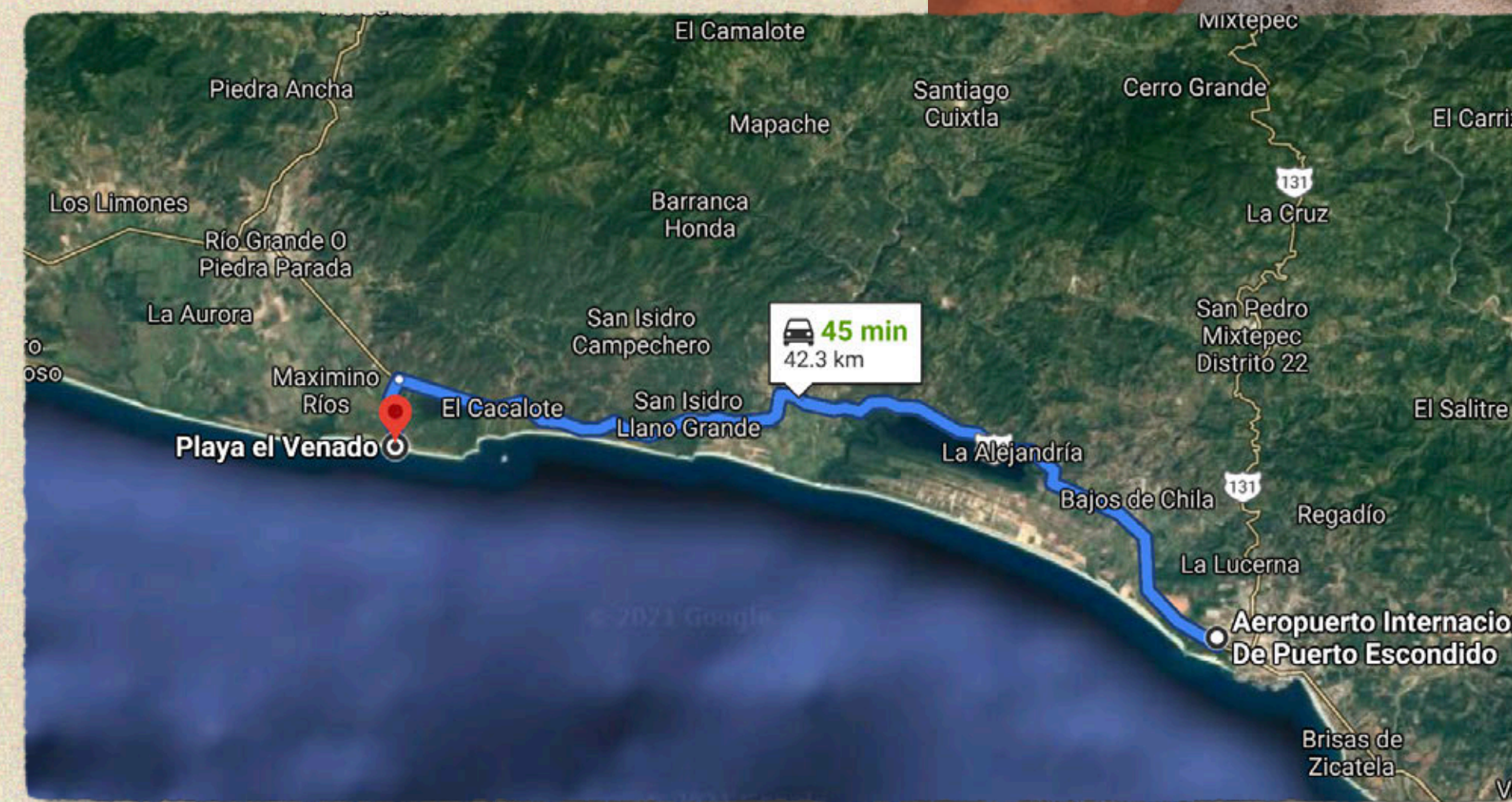


NEW RUINS

PLAN YOUR NEXT RETREAT
WITH INTENTION

New Ruins is nestled just off a beautiful beach, located 45 minutes from the Puerto Escondido Airport. The beach, Roca Blanca, features a lovely bay framed by rocks. Since we are located outside of Puerto Escondido, this beach sees fewer visitors, giving you and your group more privacy and freedom.



At NEW RUINS we want you to take your teaching to the next level and focus entirely on your offerings. With our local knowledge and sustainable lifestyle, we add unique value to your retreat. Our goal is to relieve the pressure and headache of organizing a trip, meals, and transport, allowing you to put all your energy into your students.

With our all inclusive package all you need to do is get your group to the Puerto Escondido Airport and we'll take care of the rest. Enjoy free run of our facility complete with yoga shala, pool, empty beach and local, healthy food.



RETREAT PACKAGES

NEW RUINS

MIND & BODY RECONNECTION

- ★ Welcome coconut
- ★ 4 nights stay
- ★ Access to Yoga Shala:
 - ✓ Equipped with mats & props
- ★ 3 Meals conscious daily
- ★ 1 Excursion
- ★ Permaculture Class
- ★ Airport Transport



WANT MORE?

Our Full Experience package includes all the features of the Mind & Body Reconnection with a few key additions to give your students the ultimate retreat.

EXPLORE: Lagunas of Chacahua National Park- a magical place we are lucky to be close to. Boat tour through the maze of mangrove trees. Arrive at the remote island in between the lagoons and the ocean. A surf lesson for every guest on Chacahua's famous wave. Eat delicious local seafood. Afternoon yoga on the beach. Swim with bioluminescent plankton under the stars.

LEARN: Food as medicine. Learn about our connection with our permaculture garden and local food producers. Carry that over into the kitchen for a hands on experience so you can apply the knowledge to your daily life.



FULL EXPERIENCE PACKAGE

- ★ Welcome cocktail
- ★ 4 nights stay
- ★ Access to Yoga Shala:
 - ✓ *Equipped with mats & props*
- ★ 3 meals conscious daily
- ★ 2 Excursions
- ★ Cooking Class
- ★ Permaculture Class
- ★ 1 Massage
- ★ Airport Transportation



A tropical resort building with a swimming pool and a wooden staircase. The building is white with arched doorways and a thatched roof. A wooden staircase with a bamboo railing leads up to the building. The swimming pool is in the foreground, and the building and staircase are reflected in the water. The word "ACCOMMODATION" is written in white, bold, uppercase letters across the middle of the image.

ACCOMMODATION

NEW RUINS

Your guests can stay by themselves or share a queen bed to save money.

The retreat organizer gets a free private room with kitchenette full bed and incredible ocean view. We will accommodate 1 helper per 10 guests for free.

You can arrange your people as you see fit. Charge more for The Staircase with private bathroom, The Cone for a private room or The Dome being poolside. That's all up to you, ours is just a flat rate.



Room	Beds	Max People	Type
The Temple	2 Single Beds	2	Shared Room with private bathroom
The Dome	2 Queen Beds	4	Shared Room
The Cone	1 Queen Bed	2	Private Room
Stargazer <i>Top Floor</i>	1 Queen 1 Full	3	Shared Room
Stargazer <i>Ground floor</i>	2 Full beds	2	Shared Room

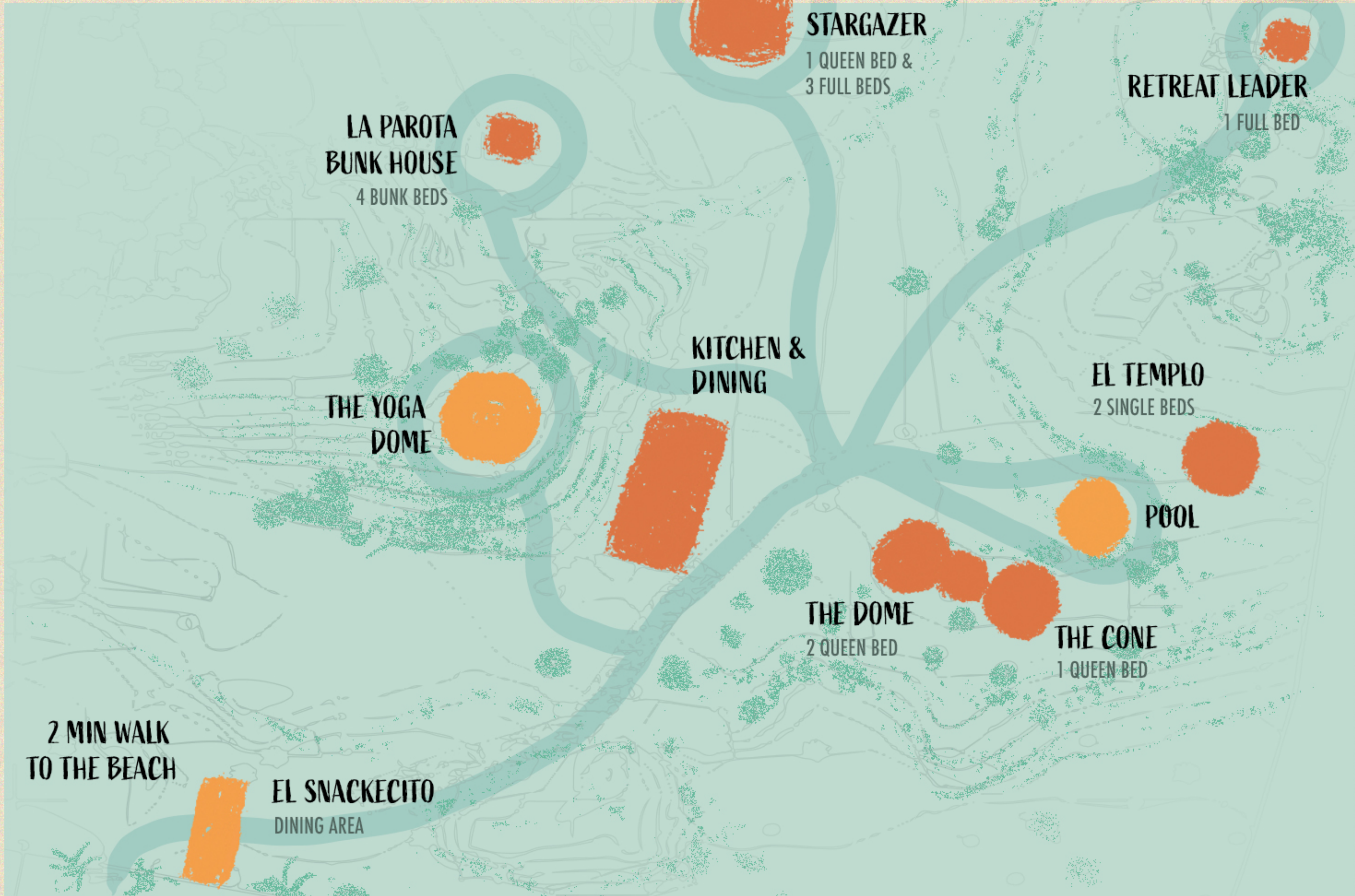
Low Season Pricing (May - Nov)

Occupancy by Bed	Mind & Body	Full Experience
Single (/person)	\$800.00	\$950
Double (/ person)	\$500.00	\$700

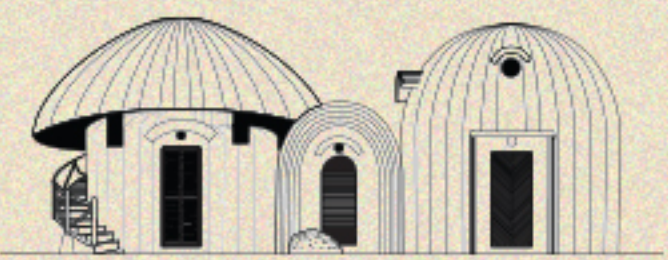
High Season Pricing (Dec - Apr)

Occupancy Per Bed	Mind & Body	Full Experience
Single (/ person)	\$960	\$1,140
Double (/ person)	\$600	\$840





RETREAT LAYOUT





Reserve The Entire Retreat Space

You can skip the packages and choose your services a la carte. Rent the entire retreat space for \$600 USD a night. You know your clients best and can place them in the right room based on their price point



NEW RUINS





THE FOOD



NEW RUINS

At NEW RUINS we focus on conscious food. We cook plant based, fresh, from the garden when possible and always from the heart. Our dishes are stylish with local flavors. Your guests will leave raving about the food.

The dining area is wide open with an ocean view. We work with you to accommodate special diets.

Alcohol can be available for purchase or prohibited at your request.



BREAKFAST: Retreat organizer chooses daily breakfast, between light and fruity or savory. Choose the best way to start the day with a bunch of energy, to power up your retreat.

Ala carte pricing: \$10 USD per person per day. Includes coffee, tea, and juice.

LUNCH: Buffet style, a combination of seafood and fresh vegetables. Keep your students energized but not bogged down for afternoon sessions. During excursions, lunches will be served outside of New Ruins in the case of a restaurant all costs will be covered.

Ala carte pricing: \$17 USD per person per day. Includes beverage.

DINNER: At sunset we gather around a large table and enjoy a family style dinner loaded with local veggies and fresh fish or protein of your choice. We offer three price levels.

Ala carte pricing:

Budget - \$10 USD Wow - \$25 USD

Normal - \$17 USD

Per person per day. Includes beverage.



All food by chef
@XIXIM_

AMENITIES

NEW RUINS



THE FACILITIES

YOGA DOME is at your disposal at all times during your retreat. Accommodates 12. Fully-equipped with yoga mats and all props.

VIRGIN BEACH right in front is a beach, so empty you'll feel like it's private. We have sand mats for your students to practice with on the beach.

POOL during downtime students can lounge around the pool. Cool off and get ready for your afternoon power session.

THE TRANSPORTATION

All packages include transportation from Puerto Escondido's International Airport to New Ruins and Back. All transport for excursions is handled by us. Any additional group transportation can be arranged starting at \$100 US (12 people).

EXTRAS

For an added cost, we can provide a smart drink bar, daily coconuts, beach campfire live music or anything else that will make your retreat stand out from the rest.



NEW RUINS



EXCURSIONS

All prices are per person and include transport, guide and food.

SECRET WATERFALL HIKE

A super secret waterfall. Not even locals know how to get there. Cliff jumping and photo opportunities. 1 hour hike to arrive. Yoga session. Lunch will be provided.

Duration: 9:00 to 17:00 hrs.

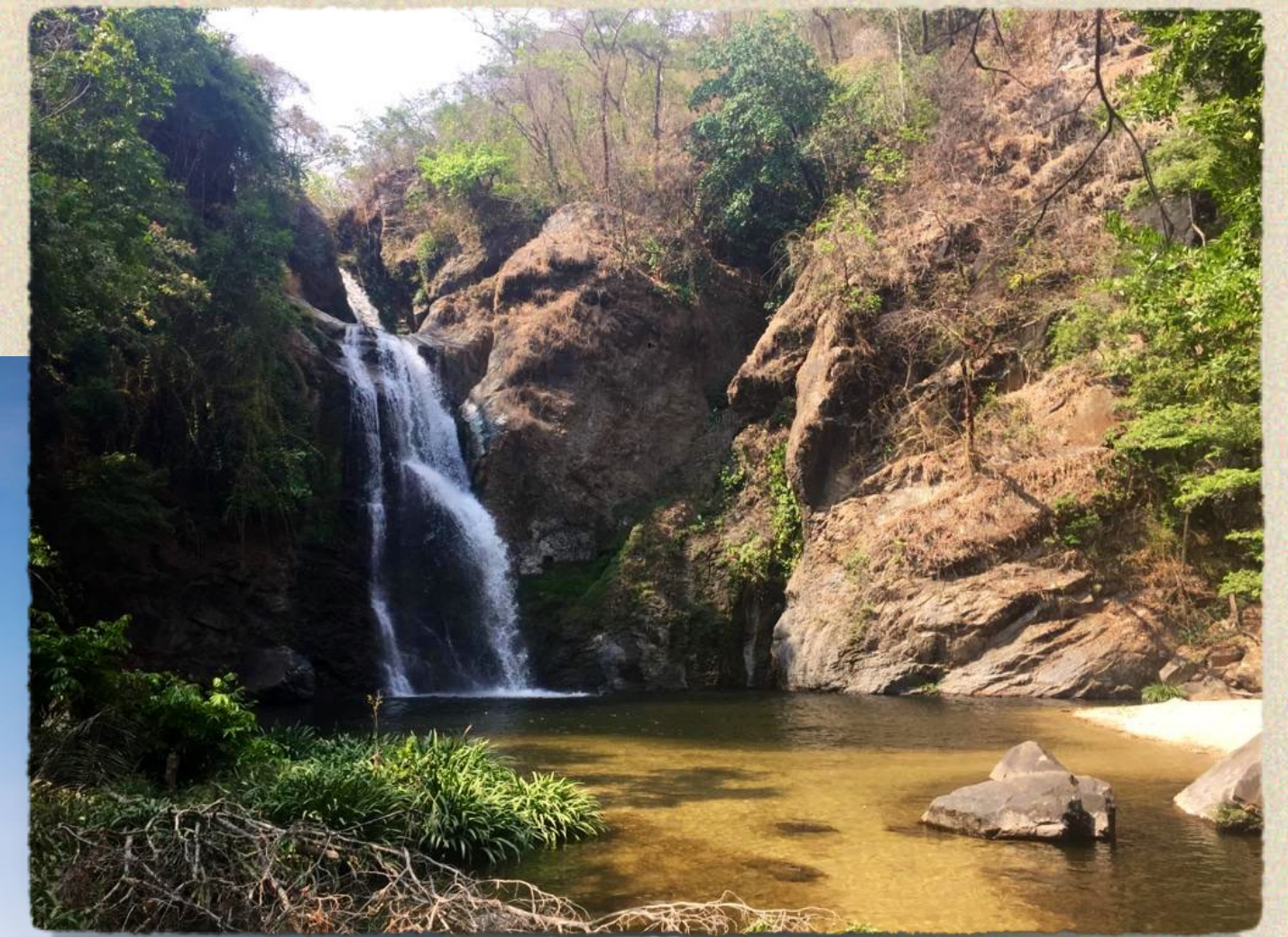
Cost: \$50 USD.

HORSEBACK TO HOT SPRINGS

Getting there is half the fun! Horseback riding and criss-crossing the river multiple times. Passing through a scenic river valley for about 45 mins. Arriving at a well-maintained, rustic hot spring. There are pools of varying temperatures and a point where the hot spring meets a cold spring. Also an ideal spot for an afternoon yoga session.

Duration: 10:00 to 16:00 hrs.

Cost: \$75 USD.



EXCURSIONS

LAGUNAS DE CHACAHUA

Two large lagoons open to the ocean and connect to each other via a canal forming a massive ecosystem of migratory and native birds, fish and plants. Take a boat tour through the lagoons and learn about the importance of mangrove trees, the different birds and the afro-mexican community that lives inside the national park. Spend the afternoon on an island where the lagoon and ocean meet. Eat local seafood and swim. Individual surf lessons can be arranged at cost to the student. On the boat ride back, swim in bioluminescent plankton.

Duration: 11:00 to 20:00 hrs.

Cost: \$100 USD.

Bioluminescent Night Swim

Swim under the stars with the famous bioluminescent plankton. A short car ride from the Ruins, then a boat ride out into the deeper parts of the lagoon to find this fantastical natural effect. A must see, photos will never do it justice. Note, this can be included in the Chacahua Trip. This trip is shorter and more economical to better fit into your schedule and budget.

Duration: 21:00 to 23:00 hrs.

Cost: \$40 (no food included)



EXCURSIONS

FARM TO TABLE

Nourishing food plays such an important role in our lives, but the modern human has never been more disconnected. This tour is about reconnecting with our diet and the planet. Learn cooking techniques everybody can do in their daily life.

Duration: 11:00 to 16:00 hrs.

Cost: \$50 USD

Includes: Transport, teacher and ingredients.

RIVER FLOAT

Floating down a nearby river in innertubes is a classic fun way to spend the afternoon and see the local landscape. Some exciting little rapids and some lazy flat sections. Usually takes 1-2 hours depending on water level and sometimes be unavailable

Duration: 2 to 3 hrs.

Cost: \$25 USD

Includes: Transport and tube rental.



NEW RUINS

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